



FREE WOMEN'S SELF-DEFENSE CLASS

Sponsored by

Sherri Bevan Walsh

Summit County Prosecutor

AND

Chad Cunningham

Certified Instructor

No registration required!



Wednesday, March 25, 2020

6:00 p.m. – 8:00 p.m.

Ellet CLC

309 Woolf Avenue

Akron, OH 44312

Enter Through Door #1

Learn simple techniques that could save your life!

- Verbal techniques
- Free yourself from a chokehold
- Learn the wrist breakaway
- Escape if pinned to the ground
- Practice kicks and slaps



For more information, contact:

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